

**ACTIVE INGREDIENT****(per 4g serving)**

Psyllium Husk

3.7g

**OTHER INGREDIENTS**

Malic Acid, Natural Flavour, Salt, Potassium Citrate,  
Natural Sweeteners (Stevia, Thaumatin)

**NUTRITION INFORMATION**

Servings per package: 50

Serving size: 4g (250mL water)

	Average Quantity per Serving	Average Quantity per 100mL
Energy	36kJ	14kJ
Protein	0.0g	0.0g
Fat, total	0.0g	0.0g
- saturated	0.0g	0.0g
Carbohydrate	0.5g	0.2g
- sugars	0.0g	0.0g
Dietary Fibre	2.9g	1.1g
Sodium	23mg	9mg

Store in a cool, dry place, tightly sealed